

# THE GATE

Oshawa's Outreach Centre

[www.gate316.com](http://www.gate316.com)

1990 — 2016

## From the President's Desk

Hello Friends of the Gate:

The Gate is growing! Little Gabriel was born May 30, 2016 and has been a regular at the Gate with mom Amanda. Besides Gabriel we still have Alexandria, Melody and J.J. and there is still one more baby on its way. We are definitely outgrowing this facility and are starting to look around for something bigger and better. Please keep this in your prayers.

I also encourage you to go to our new Website and have a browse at [gate316.com](http://gate316.com).

We are excited about our new look and thank David Perry for his work in designing it. We also thank our new board member Jennifer Garton for her part in this project as well.

Jennifer also helped us put together a new brochure which we will be able to start sharing around. Another new thing we have had in the last few months is the generosity of the Holy Family church in preparing and serving lunches on some Saturdays throughout the spring time and they will be doing some BBQ's in

our parking lot throughout July on Saturdays as well. This has been an additional blessing for the people to have food so accessible on these weekends. Not only have the people been blessed, but we as a board have been blessed. Two of the people who were helping with the Holy Family Church outreach have joined our board. They have shown a real love for the homeless in the work they've done, so welcome Alan Perron and Mary Anne Belanger.



There is one more board member who has joined us this spring. Welcome Ray Chapman. With all the additions to the board, our Past President Martin Van Harmelen is now going to be our

Honorary Board Member. He has done so much and has been so valuable to the Gate along with his wife Wilma. They have been the multi-taskers keeping the Gate going over the past 21 years along with the board. Thank you Martin and Wilma once again for all you have done and are still doing. Your love for the people

shines through every time you walk in the Gate.

Well that is just an update. Please note the upcoming Fundraisers that are mentioned further in the newsletter. The three to mark down on your calendars are: The Ride for Refuge, Our Fundraising Dinner, and our Food Fancy Gift Cards.

One more request. We really need people to show up at our Annual General Bus. Meeting, Oct. 3 to represent the member churches who support us and can vote on any important items, such as our budget. We are having it at the Gate this year and it is in the evening, so this gives people a chance to come and see what the Gate looks like after hours when it is quiet. We would love for you to come and have a Spaghetti dinner and visualize what it is like to line up for your food as our clients do - Ladies first. Please join us for this experience. Thanks for your continued support and God bless.

*Betty Mann  
President of Gate 3:16*



### OUR CUPBOARDS

Thank you for your support and for helping to keep our shelves filled!

#### WE ALWAYS APPRECIATE

Coffee, tea, sugar, whitener, powdered milk, ketchup, mayo, soup, Styrofoam plates, bowls and 7 oz cups, plastic forks, spoons & knives, paper towels, toilet paper, napkins, Kleenex, tin foil, dish and laundry soap and XL heavy duty garbage bags!

### OUR PROGRAMS

Please consider supporting our programs.

#### MEAL TICKET PROGRAM

St. Vincent's Kitchen offers dinner daily for \$1.50. Thanks to your support, we are able to provide our clients with up to 25-30 tickets a day.

#### TRANSPORTATION FUND

Your donations can help our clients attend job interviews, medical appointments and other obligations. A one way Durham Region bus fare is now \$3.75

**Gate 3:16 Outreach Centre, helping Oshawa and Durham Region's less fortunate since 1990**

## CONTACT US

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## Volunteers Needed

At the Gate we rely on our family of volunteers to prepare and serve meals, to do bicycle repairs and for our fund-raisers. Talk to our Coordinator, or go to <http://gate316.com/volunteers> if you are interested.



## Join us for the Ride for Refuge 2016

The Ride for Refuge will take place on October 1, 2016. We need volunteers, riders and walkers! Consider being a team captain and assembling a group to ride or walk. See last years ride at <http://rideforrefuge.org/location/oshawa> or contact Charlie for details at 905-666-1442 or [crolland@ca.inter.net](mailto:crolland@ca.inter.net)

## Client Story

Brian Cowan has been going to the Gate for at least 6 years now. He had back injuries from car accidents and therefore has been trying to make ends meet with his Ontario Disability cheque. He heard of the Gate through a friend and started coming to the Gate for a meal.

While coming to the Gate Brian met some close friends who helped him realize he had a drinking problem. As of today, Brian proudly states that he hasn't had a drink since January 2014. We all celebrate with Brian in this. Brian said it is all the support of his friends at the Gate that has helped change his life. He said he watched the lives of us workers at the Gate and saw how



much better off we were and that we didn't drink. This was part of his inspiration.

Brian has become a valuable helper at the Gate. He is always offering a hand with a smile when jobs need done. He was one of the people who participated in our garbage Clean Up day along the creek. He said he likes to give back to the community. It is people like Brian who make our work rewarding at the Outreach Centre.

## Electronic Newsletter

To receive this newsletter by email, please email [office@gate316.com](mailto:office@gate316.com). Please include your full name and address.

## Annual Fund-Raising Dinner

Our Annual Fund-Raising Dinner will be on Saturday, November 12, 2016 at Durham Christian Homes.

The Dinner will feature a musical drama by Laurie Atkins.

There will be door prizes. Appetizers will be served at 5:30 PM and dinner starts at 6:00 PM. For more information and tickets please contact Cheryl at

905-432-5316 ext. 22

For your \$55.00 ticket price you will receive a \$25.00 tax receipt and a delicious 3-course meal. We appreciate your support and hope to see you there.

## Get Involved!

At The Gate, we rely on our family of volunteers to prepare and serve meals, answer phones, and help with our fundraising ventures. Contact The Gate if you are interested.

## Information Sessions

We would be honoured to give your organization, church or school a better idea about Gate 3:16. Contact Betty about arranging an information session or a guided tour of our agency.

## 11th Annual Food Fancy

Enclosed with this newsletter you will find a flyer explaining what Food Fancy is all about. If you donate \$100.00 you will receive a \$75.00 tax receipt and a \$25.00 voucher for one of the stores mentioned on the form. We ask you to fill out the form and mail it with your cheque. A self addressed envelope is provided for your convenience.. We know that you will make it a success again this year.

Thank you for all your support!

*"Prayer does not change God, but it changes him who prays."*  
Soren Kierkegaard

## ANNUAL GENERAL BUSINESS MEETING

The Board of Directors of Gate 3:16 invites you to their Annual General Board Meeting to be held on Monday, October 3, 2016 the Gate (394 Simcoe St. S Oshawa).

We will deal with financial reports, the budget for 2017 and the election of new board members.

We will start our time of fellowship at 6:00 pm with a spaghetti dinner and refreshments. Our business meeting with start at 7:30 pm.

We are looking forward to seeing you again.

*The Board of Directors*

