

# THE GATE

Oshawa's Outreach Centre

[www.gate316.com](http://www.gate316.com)

1990 – 2017

## From the President's Desk

Hello, Friends of the Gate:

Since our last newsletter, we had a Valentines dance for our friends who come to the Gate, and we had our Thank You Breakfast for our Sponsors and Churches who support us.

The people enjoyed the Valentines dance rocking to the oldies tunes. It was a time for them to have fun and forget about their troubles.

We appreciate all those who joined us for the Pastor/Sponsor Breakfast as well. It is nice to see

the interest in the work we do.

Our next Event will be Marten's Walkathon for the Gate on Sat. May 6 at 11:00. Registration will start at 10:00. You may see the details further in this newsletter. We hope you will join us on this lovely walk on the Oshawa Creek Trail.

In regards to our progress in looking for another building for the Gate. We are still looking for a suitable place for our needs. Please keep us in prayer, regarding this.

Finally, I'd like to encourage you to read the story of one of our friends, who has been coming to the Gate. God is good and is changing lives before our eyes.

Please pray for those who walk through our doors. Pray that they will understand and accept Jesus love and forgiveness. Also, pray that they will choose new life in Him and that all their needs will be filled and bring glory to God.

Thank you for caring!  
In His Service,  
*Betty Mann*  
President of Gate 3:16



### OUR CUPBOARDS

Thank you for your support and for helping to keep our shelves filled!

#### WE ALWAYS APPRECIATE

Coffee, tea, sugar, whitener, powdered milk, ketchup, mayo, soup, Styrofoam plates, bowls and 7 oz cups, plastic forks, spoons & knives, paper towels, toilet paper, napkins, Kleenex, tin foil, dish and laundry soap and XL heavy duty garbage bags!

### OUR PROGRAMS

Please consider supporting our programs.

#### MEAL TICKET PROGRAM

St. Vincent's Kitchen offers dinner daily for \$1.50. Thanks to your support, we are able to provide our clients with up to 25-30 tickets a day.

#### TRANSPORTATION FUND

Your donations can help our clients attend job interviews, medical appointments and other obligations. A one way Durham Region bus fare is now \$3.50.

## Marten's Walk-a-thon

Enclosed in this Newsletter is our information and map of our annual Walk-a-thon which is now named in memory of our Past President Marten VanHarmelen. (Details also on page 2 of this Newsletter.) We hope everybody will join in and support the Gate in honor of Marten. Sponsor sheets will be dropped at all our supporting churches, and are also available at the Gate. You can pick them up anytime between 8-1:30 Monday-Friday at the Gate. The Gate entrance is at the side door. T-shirts and Tax Receipts will be given to all those raising \$20 or more for the Gate. Please join us in reaching out to our community with caring hearts.



Gate 3:16 Outreach Centre, helping Oshawa and Durham Region's less fortunate since 1990

## CONTACT US

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## TENTS NEEDED

If you have a tent to donate, please do. This would help some of our homeless.

## VOLUNTEERS NEEDED

At the Gate we rely on our family of volunteers to prepare and serve meals, to do bicycle repairs and for our fund-raisers. Talk to our Coordinator, or go to <http://gate316.com/volunteers> if you are interested.

## Electronic Newsletter

To receive this newsletter by email, please email [office@gate316.org](mailto:office@gate316.org). Please include your full name and address.

### Get Involved!

At The Gate, we rely on our family of volunteers to prepare and serve meals, answer phones, and help with our fundraising ventures. Contact The Gate if you are interested.

### Information Sessions

We would be honoured to give your organization, church or school a better idea about Gate 3:16. Contact Betty about arranging an information session or a guided tour of our agency.

## Volunteer Appreciation Supper

If you have been a volunteer at the Gate in the last year, please join us on Fri. April 21 at 5:00PM for a nice dinner and evening of recognition at the Gate. Please let us know that you are coming. Our volunteers are precious in helping keep the Gate running everyday. A big thank you to all who have given their time.



## Marten's Walk-a-Thon

It is spring again and our 17th Annual Walk-a-thon (now Marten's Walk-a-thon) will be held on Sat. May 6. We will start at the Gate this year and walk down to the trail from there. Registration starts at the Gate at 10:00 and the Walk begins at 11:00am. There will be coffee brewing to wake us up and there will be sandwiches, snacks and refreshments when you return. The 5 km walk will go half way down the trail and back. The 10 km walk takes you to Lakeview Park and back. Registration fee is only \$10 but if you get someone to sponsor you for another \$10 then you will receive a Gate T-shirt and a tax receipt. This is a fun and easy way to reach out to those in need in our community. Let's walk the walk.

## Client Story: Barbara and Ed

A question was asked similar to the one asked of Jesus - "How many times do we have to forgive?" Jesus answer - "Seventy seven times."

One of our clients had been struggling with resentment, revenge and an entitlement that they will pay back everyone who has wronged them in the past. Each wrong was carefully recorded in his mind and in the electronic device he carried with him. He would always remind himself that revenge belongs to him.

The past year was extremely stressful, with feelings of hopelessness and despair. Recently a fire destroyed his home, losing what little he owned, leaving him homeless. Shortly after losing, his only means of transportation, having it impounded, he again found himself sleeping outside, on the coldest night.

Then through an amazing course of events, directed by the Lord; God began transforming his heart. God has shown him there is another Kingdom that changes the way he lives in this one. Far too often he has been

preoccupied with the tallying up of the wrongs and hadn't touched on the root of the problem; that being sin and the solution being the gospel. As he listened intently to the devotion and asked questions, he came to the realization, that he had a complete misunderstanding of John 3:16. God brought him to a place of what it truly meant to forgive. That if Jesus could forgive him of all the things that he has ever done or thought, how could he possibly withhold forgiveness of those whom he held responsible.

When he finally came to a deep understanding of what the cross meant, it set him free. He realized the joy he brings to God when he obeys. Revenge is no longer in him. He erased all the details from his records which he had been keeping for a long time. God immediately granted him the peace he had sought for so long.

There are those who have hurt him, he had to learn to forgive, which was not an easy thing to do; not by himself. In surrender, he was released from a prison of bitterness and hate. That prisoner was him. *Ephesians 4:32*

"If you judge people, you have no time to love them."

Mother Tesesa

